

What To Do When You're Stuck

1. Pause and Take a Breath

Remember, you can do hard things.



2. Read the Directions Again

Look for details you may have missed.



4. Look for Clues

Review example problems, lesson notes, pictures or diagrams, and previous questions.



3. Ask Yourself:

What am I supposed to do?
What do I already know?



5. Try One Strategy

Solve one small part. Cross out wrong answers. Draw a picture. Use scratch paper.



6. Still Stuck? Great job trying!

Now ask your parent, teacher, or tutor for help, and tell them what you're working on, where you got stuck, and what you've already tried.